THE THERAPEUTIC SOLUTION

Family Trauma Treatment Center

Restoring Connections. Strengthening Families.
www.tts-nv.com

Recommended First Step Before Supervised Visitation:

Parent Preparation Program

A Clinical & Court-Aligned Framework for Attorneys, Guardians ad Litem, and Family Court Professionals

Why Parent Preparation Matters

Supervised visitation without parent preparation increases the risk of emotionally dysregulating exchanges for children — particularly those who have experienced trauma, abuse, or prolonged separation. Research in attachment and trauma consistently shows that **an unprepared parent can unintentionally retraumatize a child**, even with the best intentions.

The TTS Parent Preparation Program is a structured, trauma-informed intervention designed to ready parents *before* their first supervised contact — protecting children, supporting clinical outcomes, and demonstrating the parent's good-faith commitment to the court.

What the Program Includes

- 6 structured clinical sessions (individual or group format)
- Trauma-informed education on children's nervous system responses
- Shame-reduction and accountability frameworks
- Age-differentiated communication tools for child-centered interactions
- Behavioral rehearsal and role-play scenarios
- Skills for managing child ambivalence, resistance, or refusal
- Written reflection activities and action planning
- Certificate of Completion for court documentation

Who Should Be Referred

- Parents entering supervised visitation for the first time
- Parents with a history of domestic violence, substance use, or incarceration
- Parents with prolonged absence from the child's life
- Parents in active family reunification therapy cases
- Parents whose children are exhibiting contact resistance or refusal
- Parents court-ordered to complete therapeutic services prior to unsupervised contact
- Any parent whose child has experienced complex or developmental trauma

Clinical Outcomes This Program Supports

- Reduced child anxiety during contact
- More stable and consistent visitation attendance
- Documentation of voluntary therapeutic engagement
- Stronger co-regulation capacity in the parent
- Improved outcomes in reunification therapy
- Fewer disruptions and safety concerns during visits

How to Make a Referral

Step 1 — Contact Us: Reach out by phone or email to discuss the case and confirm program fit.

Step 2 — Complete a Referral Form: We'll provide a short intake referral form that can be submitted electronically.

Step 3 — Client Intake & Scheduling: TTS contacts the client directly to complete intake and schedule their first session within 5–7 business days.

Step 4 — Progress Updates: With appropriate releases, we can provide brief status updates and a Certificate of Completion upon graduation.

Contact Us

The Therapeutic Solution & Family Trauma Treatment Center

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Court referrals welcome | Sliding scale available